

Organize Your Workspace!

Minimize contamination and ergonomic stress by following these tips.



If you are a right-handed individual, store clean materials on the left side of your workspace, keep your primary working area in the center, and allocate waste disposal and finished products to the right side. This layout not only streamlines your workflow but also helps maintain comfort.

The Primary Zone

This is for active work. Place your most frequently used tools and equipment here. This zone allows for easy access, enabling comfortable and efficient reaching.

The Secondary Zone

Place tools and equipment that you use less frequently as the materials in the primary. This zone is designed for occasional reaches that can be done in a safe manner.

The Tertiary Zone

The usage of this zone that should generally be avoided. Items in this zone can be difficult to reach and may cause strain if accessed frequently. While this zone is not ideal for placing tools, it can be useful for specific waste disposal tasks. For example, when working with pipettes, you can eject and dispose of a pipette tip into the tertiary zone without straining due to its length.

Primary zone remains clear for active work.

Place clean items on the left and dirty items on the right of the **secondary zone**.

The **tertiary zone** mainly remains untouched.



This set up supports proper posture and efficiency, ensuring everything is within comfortable reach.

Clean Materials

Work Zone

Waste Disposal and Finished Products

The Tertiary Zone

The Secondary Zone

The Primary Zone



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